



Endurance Note Taking Sheet

We all need it. Endurance.

“For you have need of endurance, so that when you have done the will of God, you may receive what was promised.”

Hebrews 10:36

Where does that strength come from?

Webster’s Dictionary defines Endurance as:

How did what Jarl discovered about the manna in Chapter 41 contrast with the Israelites real experience with manna in Numbers 11:4-9?

What reward did Jarl experience when he understood how the manna worked?

Jarl endured eating the manna in its original state for 3 years before learning how to use it. What heart attitude made the difference for him?

How can this attitude affect how well *you* endure difficulty?

In Chapter 43, Menelek said that “Everything needed for life and godliness has been given.” Read 2 Peter 1:3 - through what has this all been given?

Menelek also mentioned that a way is always provided. How is it provided?

The ability to endure often has its beginning within - in a seed of hope.

The “how to” of endurance almost always involves strategy or a plan.

Where does hope exist in your life? Is it followed up with a plan?

Jarl was given a strategy so that people on earth could endure the difficult times coming and be protected.

What did this strategy entail? What three steps were involved?

- 1.**
- 2.**
- 3.**

Where does the hope come from to seek the strategy to endure in difficult situations?

Chapter 47 throws a wrench into Jarl's task. He was faced with frightening unknowns and had to endure evil resistance and feeling helpless.

How do you endure when you experience those feelings? What thoughts go through your mind?

It's hard to endure missing someone. Especially when that someone is yourself!

What two things did Jarl employ in order to reunite himself?

He gathered _____ from Marie's story in Chapter 49.

He asked for _____ to get all of his selves in one spot in Chapter 50.

How can the things Jarl did give you some principles to help you endure rough times?

What is your one main takeaway from Jarl's acting with endurance in Chapters 41-50?

What are your thoughts on how *endurance* played out in this section?

How is your endurance? Long-lasting? Short?

How can you increase endurance in relation to interacting with God?

Family? Friends? Employer?